2017 LIFECYCLE FORECAST: THE YEAR for RE-NEWED VITALITY

by

Donna Iona Drozda

How about a change of scene?
Here or there or in-between.
Just begin, though, the path's unseen
The way is clear in 2017.

Sara Wasserman



When you plant a seed in the ground, it may look like any other seed, brown and dried up with the appearance of no life force in it. Nevertheless, you place it in the ground in confidence, and at the right time it starts to grow. It knows what it is going to grow into.

You only know what you have placed in the ground by what was on the packet, but you have confidence that the specific plant will grow from that specific seed, and it does.

When you plant the right ideas and thoughts in your mind, you must do it in complete confidence, knowing that only the perfect will spring forth from those ideas and thoughts.

As your trust and confidence become strong and unshakable, those constructive thoughts and ideas begin to grow and develop.

In this way you can accomplish anything.

It is that inner power within each one which does the work.

It is the I AM within you.

Eileen Caddy



Lady Leaping Over the Sea, Drozda, watercolor/Arches paper, 18 x 24", 1979

Welcome to 2017! A Global Creative Decade Begins!

Welcome to the world of 2017! This is a critical year for taking a stand, having a vision and being willing to move forward without having the who, how, when, why and where in place.

The Lifecycle Forecast supports the creative energy infusing the planet. Year by year (picture a gigantic umbrella under which we all gather and engage) we stand beneath a unified field of energy. In addition to the Global vibe you also have a Personal Energy that directs your Creative Year. Your personal directive is based upon your birth month and day. Turning the soil of both the Global and the Personal energies makes fertile creative ground. This year consider becoming a Master Gardener with a view of the decade ahead.

The energy of a new calendar year occurs during the third quarter of the Natural Year, atime of Mystery. The Mystery refers to the unknown, the unexplored, the never before felt.

Mystery: noun

1. **1**.

something that is difficult or impossible to understand or explain.
"the mysteries of outer space"

synonyms: puzzle, enigma, conundrum, riddle, secret, problem, unsolved problem

"his death remains a mystery"

Pause a moment and create breathing space. Acknowledge Renewed Vitality. Each breath makes up the uncharted territory of the Mystery as though you are an exploring pioneer.

Situations and circumstances are chaotic as we close the Creative Decade: 2008-2017. All the great creation stories remind us that chaos is the first step in the creative process. In anticipation let's turn toward **what may be** in the unfolding of the Creative Decade before us (2017 - 2026).



Hurricane House, Drozda, Acrylic/paper, 36x36"

When things get turned upside down and when overwhelm appears on the horizon, embark on the mission to open and face a NEW beginning.

Periodically throughout 2017 pause to reflect and name your greatest challenge. Get intimate with your prominent issue. What pushes your buttons? What pisses you off? Where are you experiencing overwhelm? Challenges generally fall into one of three areas; physical, emotional, spiritual. Once you have identified the area name it.

I'll start. Once upon a time I discovered that one of my biggest challenges was self-sabotage. I had a habit of sabotaging my happiness. Unwittingly I would throw a roadblock in my path and force myself to stop moving forward.

I was an expert at stopping my joy in its tracks. I would trip myself up and stop happiness.

It took a fall and two broken bones to get me to the awareness that I didn't have to do that anymore.



Empowerment, Drozda, collage, 4 x 5", 1996

Becoming New is a mindset, realizing that challenges, be they boulders on the path or demons dancing around the bed in the predawn...any crisis and the fear

visiting... is part of the creative potential to grow beyond the edge that we have been left in 2016.

What stops you from moving forward? What will make things feel new?

Moving into a new Global Creative Decade there are limitless ways to invite growth and evolution.

Choice Redirected

This current Global Creative Decade offers the chance for quantum leaps as we catapult further into the New Millennium. The many problems facing us individually and collectively are supported by the bigger picture of the millennium shift.

Prayer for the New Millennium by <u>Lama Surya Das</u>

May all beings everywhere be awakened, healed, peaceful, and free.

May there be peace in this world and an end to war, poverty, violence and oppression

And may we all complete the spiritual journey.



Blue Moon, Drozda, Acrylic/board, 10 x 12", private collection

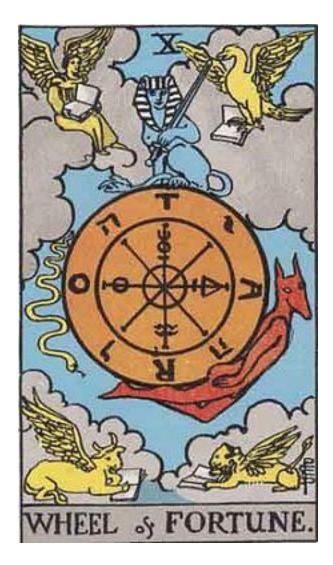
Identify the ways in which a reboot (physically, emotionally and/or intuitively) creates space for your passion to grow. Find times in your art/life when a new beginning catapulted you into a new/different chapter.

Below is a list of some of the qualities to consider growing and other qualities to consider weeding out in 2017. This small sampling inspires us to plant a magic beanstalk seed.

Seed Planting	Root Rot
AHA moment	Aggressive
Appreciation	Anxiety
Balance	Avoidance
Begin	Denial
Confident	Delusions
Entrepreneurial	Doubtful
Forgive	Fragile
Ideas	Impulsive

Invoke	Intolerant
New thought	Irritation
Opportunistic	Materialistic
Pioneer	Possessive
Poise	Selfish
Positive	Spinning wheels
Revolutionize	Stress
Risk	Timid
Worthy	Unstable

TURN, TURN, TURN



Fortune represents abundance on all levels of being. Fortune comes from following your passions. Your strongest feeling is where your talent lies. Fortune is the manifestation of your talent so that you are rewarded in return.

Voyager Tarot, Fortune, (the archetypal energy for this year)

James Wanless

Let's look at the archetypal power of the 1 + 0 represented by the Wheel of Fortune in the Tarot.

The Tarot is a treasure house of heritage seeds. When we plant a quality represented by the Major Arcana we create a focus-flow that will extend for the full Creative Decade (2017-2026).

2017 equals 10. Zero added to One is considered a ring-pass-not that creates expansion. Expansion invites vitality. Vibrant life force is hot! We can feel the magnetic attraction and the sizzle of those who are creatively passionate. It's exciting to be around someone who is streaming vitality through their physical, emotional and intuitive experience. The greater their ability to balance these three-primary energy threads the higher their vital life force.

MASTER GARDENER

A good garden begins with the seed catalog. You pour over the choices available and consider the conditions present. Next there is the preparation of the soil. Before a seed goes into the ground much work is done.

At this moment, within you, within me, within the WE there is a new creative seed to harvest. It must first be collected yet even then it will remain lifeless unless planted. Vision seeds lie dormant until the creative soil is prepared. This year prepare the ground to let everything regarding your art/life to be new. Our purpose here on the art/life trail is to plant the best and strongest creative seed vision possible. 2017 is providing the opportunity to collectively up-level what you've been investing in. By consciously engaging with your seed vision this year you can grow and expand your passion over the next decade.

That's daunting and exciting!



What will you plant?

Collectively we can cultivate a creative garden that will grow for the coming ten years....and beyond. A Creative Decade is a manageable span. It allows for long range reach into the unknown and uncharted. Ten years provides a container for building a seed vision into a legacy. We don't assume that everyone is interested in growing the same things. We each plant seeds for what is creatively nourishing for self, others and for the benefit of Life itself. Life needs us to be creating.

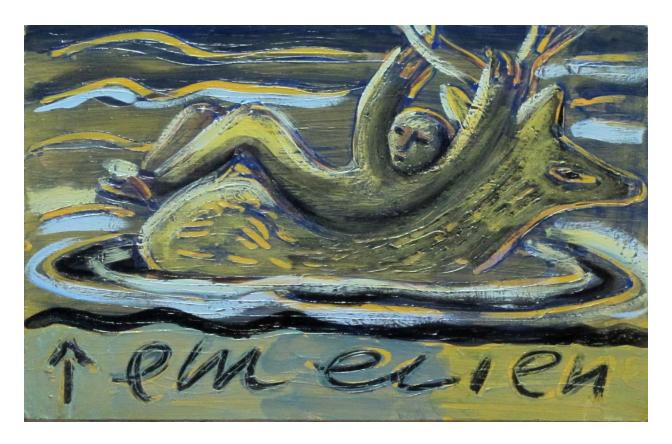
See yourself as master gardener (or pioneer or trail blazer) noticing that taking on the qualities of any one of these archetypes brings something new into existence.

A Creative Decade:

First; Here are quick reviews for the Global Start Years: <u>1990</u>, <u>1999</u>, <u>2008</u>. Keep in mind that the Global Creative Decade is beyond control. Contrast what happened 'out there' during these listed years with what you focused upon in your personal life.

Review your experience in 1990, 1999 and in 2008. You'll find that something was required of you (something that you needed to adjust in your personal life). You will note that you couldn't alter the bigger world/global stage events and situations...for the very reason that they were bigger than you. Review. Notice how you could alter your personal story.

Keep the concept of 'change your mind' upper most in consciousness. Cultivate creative thinking. Hold a vision of possibility and potential that will grow and produce a harvest in the coming decade (2017 - 2026).



Rite of Passage, Drozda, Acrylic/wood, 10 x 12", Private Collection

THE WOBBLE

This year each one of us can engage in conscious beginning. That can be slightly confusing at best and downright frightening at worst. The door opens to a new start and it will be what we make of it. There are endless examples of the opposite of what it means to begin fresh and feel the life force that is waiting to course through every thought and idea....so please...take all the time you need this year lean into your own history of knowing how to 'begin again'.

2017 is a year of stand on your own two feet and know what you stand for. This is a starting point, a new never known landscape lies before us. Stay clear. Visualize your deepest desire to grow and be what you're destined to be.

This is the year to ...

HAVE A VISION

TELL A VISION

2017 Homework assignment #1:

To access the power of 'the art of the start' take time to hold a vision for the next decade of your art/life. This is a great time to create a sacred ceremony, visit new places, take a risk, plant new seed ideas for the truth you are willing to experience.

Color: red

Scent: patchouli or myrrh Stone: ruby or red coral Animal Medicine: snake Body Zone: base of spine

Element: Fire Music: tribal beat

Word: Start

Ouestion: If not now when?

CULTIVATE YOUR VISION

The twelve months/thirteen moons before us are for developing courage, confidence, balance and stability. By September 2017 you will have evidence of what you have mastered. There's a good deal of 'walking in the dark' to be embraced during this walk around the wheel. First level energy only lets us see the next step not the entire path. With the natural wobble taking place all year it fits to look where you've been over the past ten years as you simultaneously visualize where you intend to go.

Take a long look out to the horizon of the coming ten years (2017-2027). Begin to track new pathways for your physical, emotional and spiritual encounters. Create the vision of what you choose to experience.

2017 feels edgy and stretchy. You are far enough along on your lifepath to realize that you get what you concentrate on whether you want it or not. All this year we will explore this edge place to stretch into new thinking patterns, planting fresh seeds for the decade ahead.

TURN THE WHEEL OF FORTUNE



Think...Global Energies require that we place ourselves into a worldview that respectfully aligns with the 'WE' more than with the lone, little 'me'.

Consider... your opportunity and capacity to collaborate over the coming decade.

Recognize... where you can stand in your power, where you can lead.

SENSING INTO THE POSSIBLITY

"I close my eyes in order to see."

Gauguin

Look back to 2008...the most recent First Level Global Year ...: How much happen during that year to initiate a compelling vision? What did you stand for? What do you stand for now? Notice the ways in which you have evolved and grown.

Here is William Martin's contemporary translation of the tenth verse of the Tao Te Ching from *The Sage's Tao Te Ching*

Training Mind, Body and Heart

Many say that growing older causes the mind to wander.
the body to stiffen, and the heart to harden.

This is not the case for us.

As we become sages
our minds begin to see the oneness of all things,
Our bodies become more flexible and supple,
and our hearts soften in love.

You can train your mind through meditation, reading, and mental exercise.
You can train your body through yoga, Tai Chi, and physical exercise.
You can train your heart through listening, accepting, and forgiving all.

LIVING AS IF EVERYTHING IS NEW

You knock on the door of reality.
You shake your wings, loosen your shoulders,
and open.
Rumi

Breathe deeply and set yourself firmly within the auric field/egg of light that surrounds your body. Spread your arms wide and twirl them in front and to the sides of your body. Feel your home within this space. Imagine the area that contains you pushing down into the earth beneath you and extending high into the sky overhead. Visualize your roots and your wings.

During 2017 recognize the power of being a portable unit and knowing that you belong wherever you are. The work this year is authentically empowering and stabilizing. Make a commitment to trust that you are anchored deeply into the roots that sustain and support you. Recognize when you feel unstable. Take responsibility and learn new ways to stand on your own two feet.

The previous nine years (2008 - 2016) have led sequentially through the energy fields that build to this, the 10 Global Year. Think of the months of 2017 as the crescendo in a long stretch of experience. Apply the following keywords to each ninety-day quadrant:



Ashes to Ashes, Drozda, mixed media, 20 x 16"

The 3 Northern/Winter 'MYSTERY' moons:

January Seed Idea: Clearing: What does cultivating a relationship with the Mystery mean to you? During January 2017, the energy suggests lightening up. To help move in that direction take a moment to regularly sense into the pattern of your breath. Breathwork work wonders. Enter the Mystery. You can't make anything happen on your own. Keep in mind that your speech and your communication choices matter. What you say to yourself throughout this month and all through this year will continue to grow (or rot) as the Creative Decade (2017 - 2026) unfolds.

February Seed Idea: Renewal: February's moon/month is guided by the concept of renunciation and regeneration. Garbage in, garbage out. Composting the crud is advisable, whether the crud be thoughtforms or habit patterns. This month is for digging under the surface and turning over the soil that is ready to be sifted and prepared to accept the seed vision.

March Seed Idea: Purity: clear away the dead and bag up the diseased leftover, bug infested clutter. Look over your shoulder at all that you have experienced, expressed, created and contributed in the past year. Prepare to dream the dream of what is possible in the new walk round the wheel.

The New Natural Year Begins at Spring Equinox:

Three Eastern/Spring 'ME' moons:

"You can go backwards to comfort or forward to growth.

You must choose growth again and again.

You must challenge your fears again and again."

Abraham Maslow

April Seed Idea: Clarity: practice patience and acceptance of your creative gifts and talents. Being creative is about turning the heaviness of lead into the meaningful golden/lightness that uplifts and helps the puzzle pieces fit together. April is the beginning of *the beginning energy* that you will plant during spring and summer. You have been dreaming of bringing something into the world. There is something that only you can create. Now is the time to see your rainbow and move toward the gold.

May Seed Idea: Wisdom: There is temptation all around. This moon/month brings the wisdom to follow your intuitive guidance. Do not be distracted. Note the way wisdom comes to meet you and your creative seed vision.

June Seed Idea: Radiance: 'Don't hide your light under a bushel.' Come out come out wherever you are! Shine your brilliance and stand in the beam of what you have discovered about yourself and your dream/seed vision since the Aries New Moon. The ego would attempt to convince you that you are not ready and you are not enough. This moon/month be brilliant and shine like a star!

Three Southern/Summer 'OTHERS' moons:

"See good and evil as the same; both are merely God's play."

Vivekananda

July Seed Idea: Growth: With the summer solstice the 90 day Others Quadrant opened making this moon/month a fertile ground for growing into your relationships in a way that supports your vision. Ask how you might be the one to enhance the important Others in your art/life. Let them know that you are interested in evolving the contribution that can be made while working together.

August Seed Idea: Trust: Whom do you trust? This moon/month opens the depth of connection to the Elders. Think of your ancestors. Consider that they provide you with a sense of connection to a lineage. You have roots. You are supported. Trust that you can make the most empowered steps forward NOW. What are you accomplishing that indicates you trust your art/life?

September Seed Idea: Love: Push the pause button. It's appropriate to review what has taken place in the first nine months of this new creative decade. This moon/month is a test. Look at the ways that you honor and tend to your needs. Note the ways that you show up for the Others in your art/life. Be clear regarding those that you choose to invite onto your life stage. Review co-dependence and inter-dependence. Where do you stand?

Three Western/Autumn 'LIFE' moons:

"The Greater Field of Life is up underneath you."

Katherine Woodward Thomas

October Seed Idea: Experience: you are entering the six moon/months of the inward turn which will take you deep into our womb-cave to rest and replenish your resources until the spring. The ninety days between fall equinox and winter solstice comprise the Life quadrant. You are being asked to rest deeply and listen intently to expand awareness of what is possible. We learn year after year that true awareness rises from the stillness.

November Seed Idea: Introspection: As the fall/life quadrant unfolds you sense into the treasure that is buried deep in your roots. There are parts of the seed vision that you have planted for this year that will only be known by digging deeper than ever before. There is a struggle to discover the structure that is required. What environment best supports your forward movement? Take an inner journey, see new places, meet new people, do new things. How does it feel to dance on top of the world?

December Seed Idea: #22 Strength: The more we explore the inner realms the more aware we become of compassion. Deep in the roots of our being we discover that there is 'only one of us here.' We hold for self, others and all of life a tenderness that equates to true strength. This moon/month asks that you consider the suffering and the causes of suffering that visit you, others and all living beings. 2017: Year of Re-Newed Beginning now closes. In review note the gentle strength that comes from being aware of your vision.



Esperance, Drozda, mixed/canvas tapestry, 72x54"

SPINNING THE WHEEL

As we come to the close of this creative weather report for 2017

Ask:

- Am I ready to let all things be new?
- Can I cultivate an attitude supporting my best art/life?
- Will I plant seeds that grow to nourish me, others and Life itself?
- Am I curious about the Mystery, willing to imagine this start point?

Most importantly this year:

• What is my compelling seed vision?

These inquiries bring opportunity for standing on the threshold of 2017. From this view point your Future Self beckons you with clear-seeing.



2017 is the first year in a new Global Decade

2017 resonates to this short list of keywords/phrases. Use these words to gain awareness of when you are in and when you are out of balance. Consult dictionary, thesaurus, journal and communicate including those words that fit for your experience at any given time. Notice how others enlist these word/qualities...for good or ill.

Keywords/qualities that will enhance moving forward in 2017:

AHA! moments, anticipate, appreciation, assert, balance, begin, change, colorful, confident, commence, creative activity, daring, expansive, exploration, flamboyant, forgive, ideals, impetus, individualize, initiative, invention, invoke, leadership, listening ear, new thought, new ventures, opportunity, pioneer, planting, poise, power, proactive, seeds, start, thrive, vision, vitality, worthy

Keywords/qualities that create power leaks throughout 2017:

adrenal over load, aggressive, anxiety, avoidance, boredom, conspicuous consumption, denial, delusions, discouraged, doubtful, dull, ego driven, fragile, grasping, insecure, intimidation, irritation, impulsive, lazy, materialistic, ostentatious, routine, showy, stimulants, stress, timid

Discover and uncover the words and the qualities that line you up with the Global impetuous to begin again that the energy of 2017 offers. Think of this as a year that will continue to impact you for the coming decade.

Ask for insight and guidance to tell you about the way in which each quality lives through you. Journal, draw, paint, dance, sculpt or craft your responses. Gain awareness as to how to move forward being a model for what you stand for as peaceful, balanced and stable. Listen for clear guidance in relation to your Personal Year goal. Email me anytime during the year for your 2017 Creative Year Energy PDF...a gift to you. For your 2017 Personal Year PDF include your birth month and day.

THE ART OF THE START

2017 Homework assignment #2:

- Consider the seeds you choose to cultivate
- Hold a vision...make it compelling
- Imagine the possibility for the Creative Decade 2017-2027
- Investigate new thought
- Ask often: What does leadership mean to me?
- Be a pioneer in the area of your compelling vision

Enjoy this major moment in time...the First Global Year in a new energy decade...

ASSUME BEST VISION FOR YOUR YEAR AHEAD

Be a 'Here-O'

Be Here Now



Thanks for reading & sharing the 2017 Lifecycle Forecast! Our creative weather report for the coming calendar year.

As visual artist, I explore nature with continual fascination, encouraged by the healing power of the expressive arts: music, poetry, dance, visual arts, etc. I hold the vision of artists as social change agents naturally evolving and contributing to the advancement of our individual, collective and planetary wellbeing.

As artist/educator I hold the passionate intention to live in harmony with the cycles of the seasons exploring, discovering and uncovering new ways of looking at this beautiful world.

Do you see that there is more on the horizon for you? My audio <u>Lifecycle Mentoring sessions</u> support and empower your creative journey.

It's my joy to imagine and express the capacity and ability to live in balance with nature and one another.

Visit website: http://www.donnaionadrozda.com/lifecycle

Please 'Like' Wren House Studio Face Book page

LIFECYCLE TESTIMONIAL

Hi Donna!

I have listened to all my Lifecycle recordings and they are just wonderful!!!

I can't begin to tell you how uplifting they were and right on target for where I have intuitively been headed. So, so SO helpful!!!!

I am not quite ready to set my 30 minute follow up call. I want to listen to my recordings again (for the 3rd time) before I pose some follow up questions.

Honestly, my head and heart are swimming with all the info and guidance you provided. Geeze Louise I am grateful!!!

Thanks, Chris

Christine C. Williams, PhD http://mylisteningproject.com



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